

School-Based Evidenced Based Early Identification & Intervention Prevention



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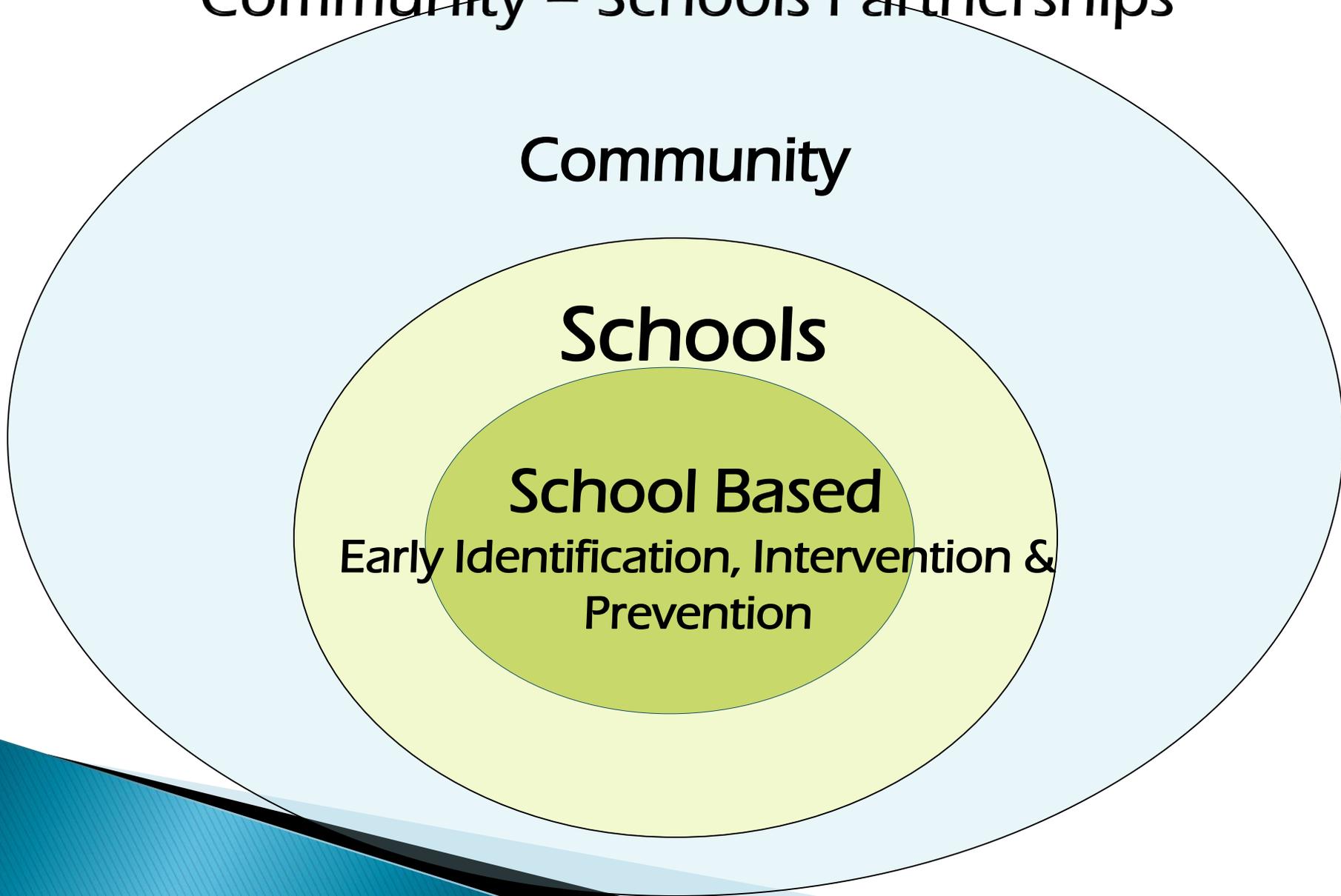
Continuum of Services

<-Prevention -Intervention - Outpatient Counseling->

- ▶ Classroom and Small Group Prevention
- ▶ Intensive Prevention and Intervention Group Programming,
- ▶ Drug & Alcohol screenings & assessments
- ▶ Individual, group and family counseling
 - ▶ In school “Recovery” support

In Schools
for over 14 years

PREVENTION – INTERVENTION: Community – Schools Partnerships



Community

Schools

School Based

**Early Identification, Intervention &
Prevention**



Community

School

SCHOOL BASED PROGRAMS

- Referrals
- Evaluations
- Counseling
- Outpatient Services
- Treatment
- Aftercare

- Education Awareness
- Early Intervention
- Support Groups
- Drug Free Activities
- Parent Education
- Community Forums
- Intensive Prevention
- Relapse Prevention

- Drop out
- Crime
- Addiction
- Drug Abuse
- Violence
- Juvenile Services Center
- Drinking and Driving

Now is the time with Marijuana Legalization in Colorado –

From 2013-14 to 2015-16 students individual responses show an:

- Increase use of Marijuana, Over the Counter medications ,Prescription Drugs, & Hallucinogens
- Increase availability of Marijuana, Meth, & Prescription Drugs
- Increase number of substances used substances beyond marijuana and alcohol
- Decrease in perception of harm
- Increase numbers of teens saying:
“Marijuana is medicine and it should be legalized.”

COST BENEFITS

Effective evidence-based
prevention & intervention
programming
saves **\$18** for every \$1 spent.



*SAMSHA Substance Abuse Mental Health Services Administration, other studies Washington State Institute for Public Policy

BENEFITS



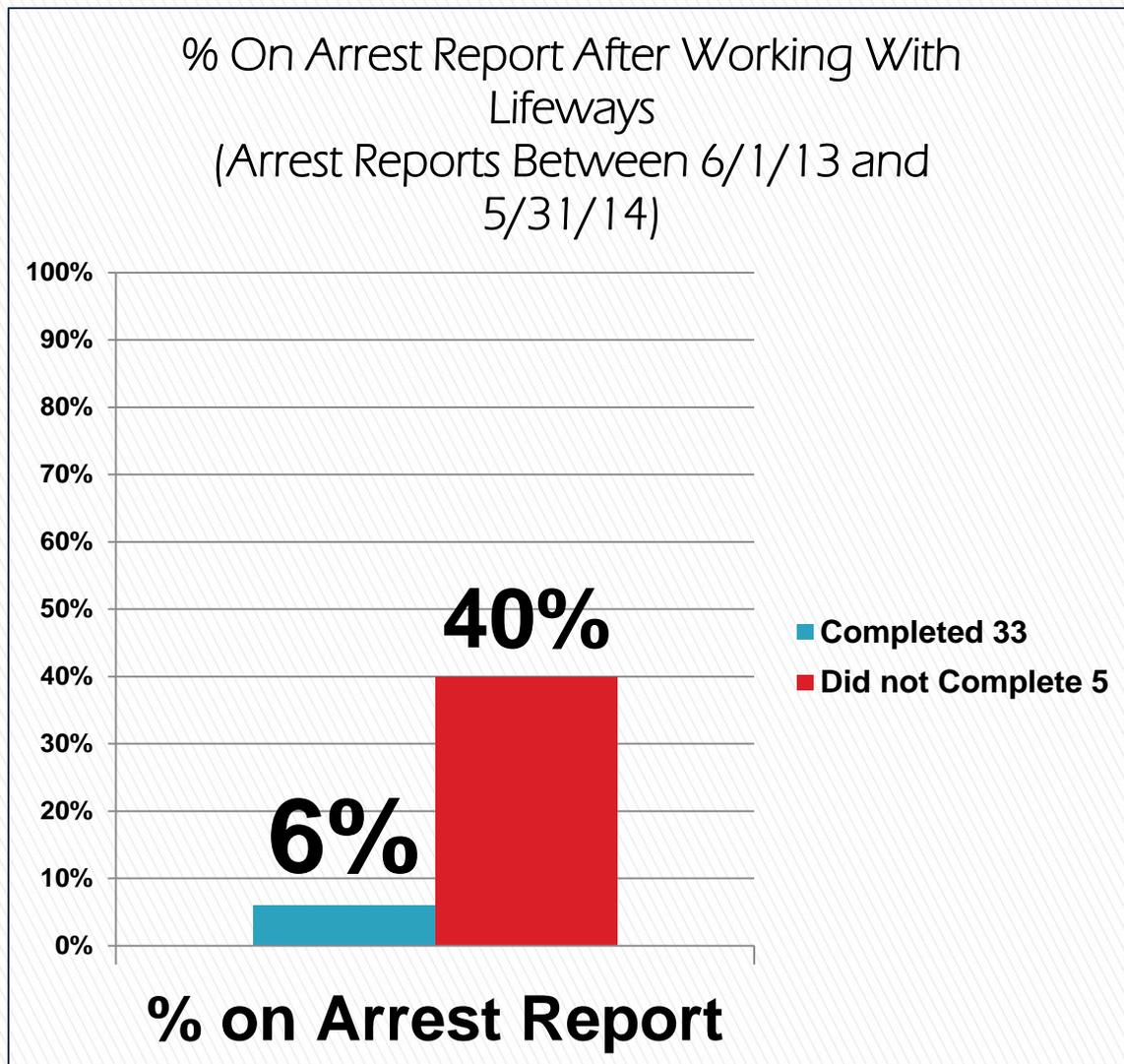
- ▶ “I learned the reality of how drugs can affect you and people around us.”
- ▶ “That I got to learn that family is more important than getting high, and about setting goals and effects of marijuana.”

Early Intervention Programs Work! Students are less likely to reoffend.

Only **6%** of students who completed the program reoffended
(Arrest Data from RC Police Dept)

This is the **lowest** recidivism level of any of the Lifeways EI Programs.

97% Parent Involvement attending student/parent session

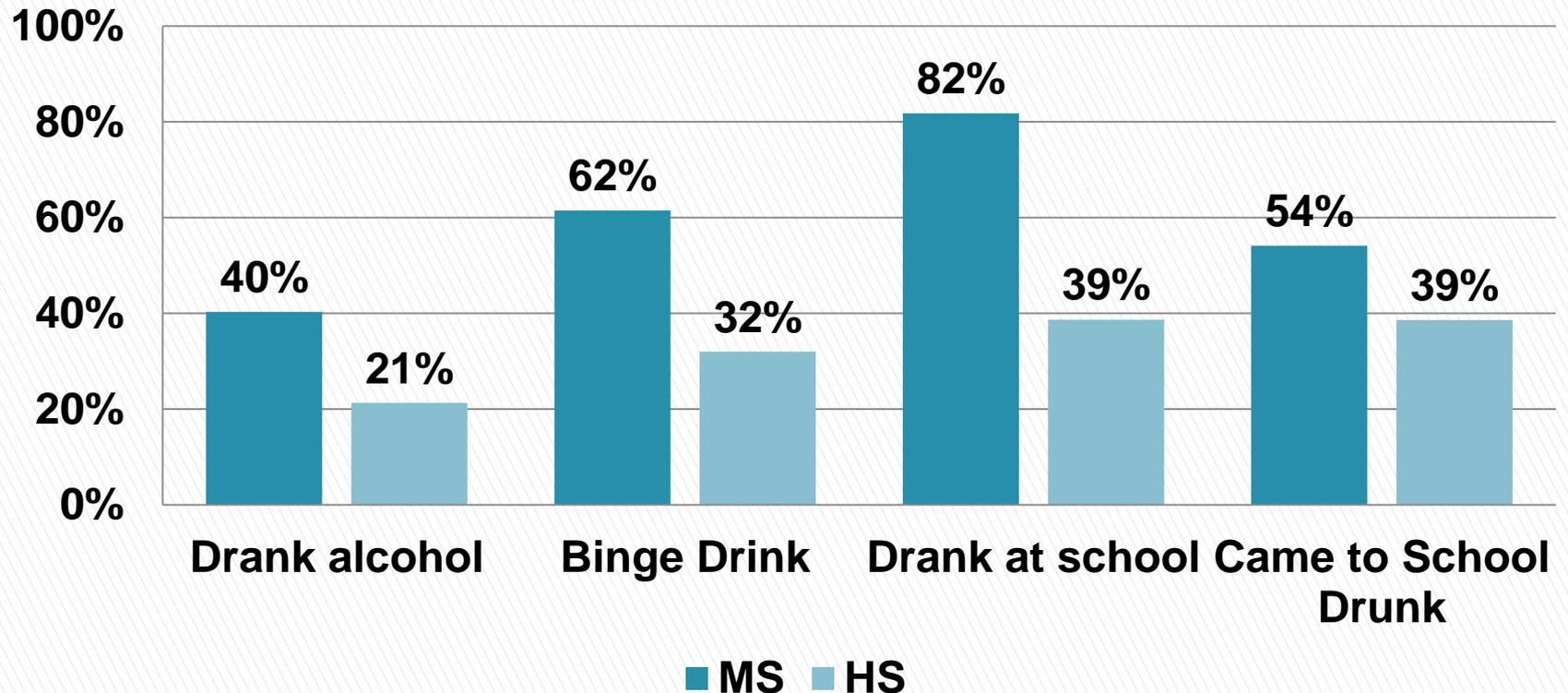


In Rapid City, 24.8% of HS students and 3.8% of MS students in Rapid City reported use of alcohol past 30 days.

Of the percentages below many of these youth report drinking alcohol to deal with sadness or depression because they: (Chiesman RCAS Youth Development

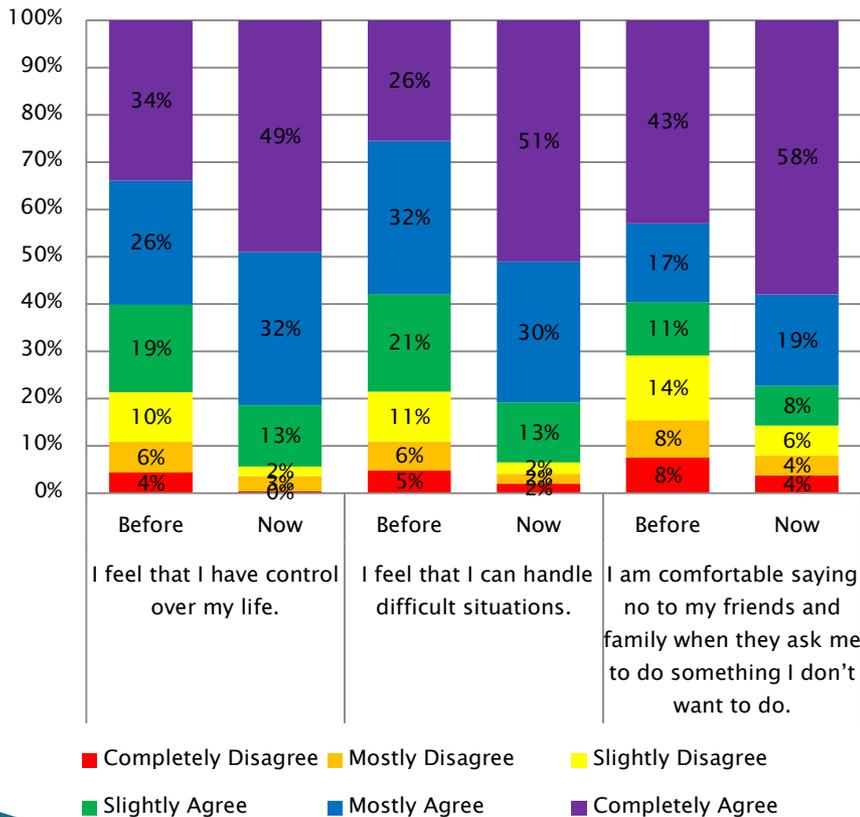
Survey-2013-2014)

Think Drinking Alcohol is a Good Way to Deal with Sadness or Depression

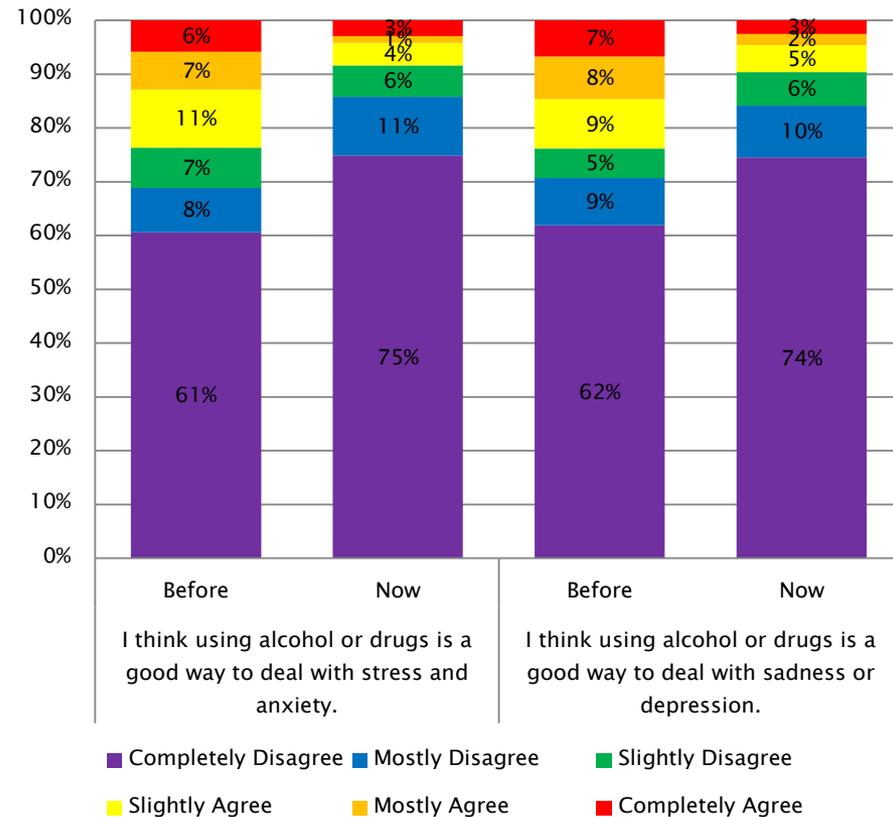


After working individually with their Lifeways Counselor, students show an increase in critical life and social skills, including decision making, refusal skills and coping skills

Individual Education Coping Skills



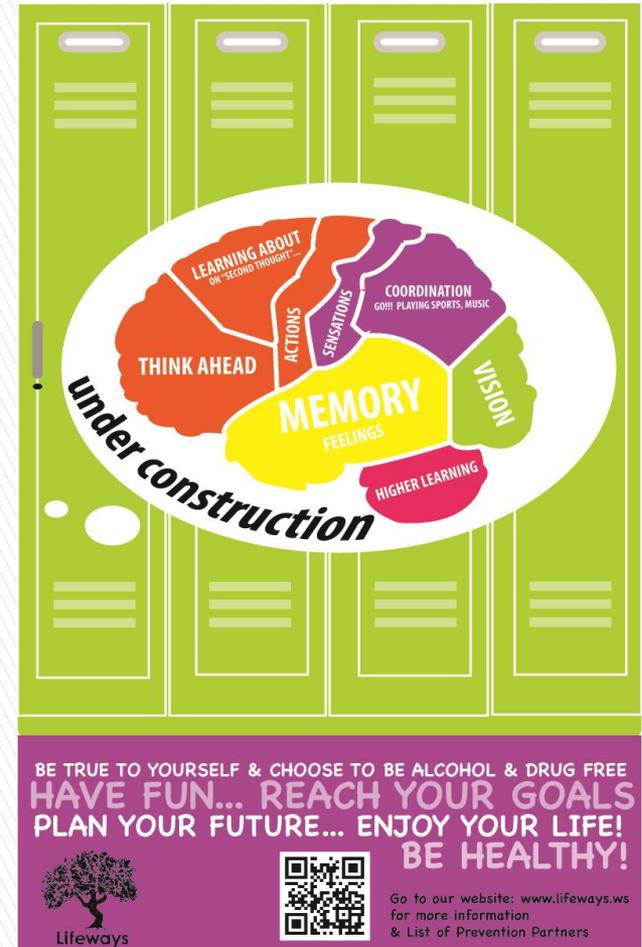
Individual Education Using Substances to Deal with Feelings



COMMUNITY BENEFITS

Lifeways facilitates Community Forums & Events on alarming trends and important information:

- Dangers of synthetic drugs (2012)
- Impact of alcohol and drugs on the adolescent brain (2013 and 2014)
 - Town Hall Meeting on Underage Drinking and Driving (2014)
- Awareness on OTC, Opiates, Meth (2015)
- Breaking the Cycle of Addiction Informational Luncheon (2016)



Brief History of Prevention Federal Funding in South Dakota

1996 Federal Funding: 12 Community Coalitions—across the state

No Early Intervention – Prevention School-Based Services.

1998 Sioux Falls, 1st School-Based Early Intervention Prevention.

Funded in partnership: Federal, State, School, City

2003 Rapid City, 2nd School-Based Prevention-Early Intervention Prevention.

Funded in partnership: Federal, State, School, City

2009 Federal Funding: New Grant SPF-SIG

New coalitions across the state and more school based programs.

2014 Federal Funding Reduced by \$755,000

Funding cut **25%** 2014-2015. And 2015-16 additional **25%** decrease in funds.

2019 – In 3 years, the state does not anticipate there will be federal funds available to continue community or school-based early intervention-prevention in South Dakota